



American
Jewish
University

OUTDOOR ADVENTURE COURSES

**BONDING | TEAM BUILDING | PERSONAL GROWTH
SAFE CHALLENGES | CREATIVE THINKING | FUN**



**Brandeis-Bardin Campus
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Brandeis, CA 93064
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GROUNDLED FENCE

The objective is to stay "grounded" and support each other so the group doesn't get "electrified" as they move over wires from one side of the element to the other.

Values:

- ✓ TRUST
- ✓ TEAMWORK
- ✓ PATIENCE
- ✓ SUPPORT



SPIDER'S WEB

The objective is to pass each member of the group through a separate web opening without letting any part of anyone's (this includes helpers) body touch any part of the web. Pass your teammates through the web without touching or the spider will awaken.

Values:

- ✓ TRUST
- ✓ DEPENDABILITY
- ✓ FOCUS



WHALE WATCH

The objective of the Whale Watch or Teeter Totter is to have everyone standing on the wooden platform, balancing the platform while singing 3 verses of a song of your choice, and stay balanced together.

Values:

- ✓ ORGANIZATION
- ✓ CREATIVITY
- ✓ TEAMWORK

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ISLANDS

From Lahaina to Maui, travel from island to island without touching the ground. Great for group problem solving!

Values:

- ✓ COLLABORATION
- ✓ CREATIVE THINKING
- ✓ LEADERSHIP
- ✓ ORGANIZATION



LOW X

The objective is to have you and your partner balance each on their own cable wire and cross the span of an X together.

Values:

- ✓ PARTENRSHIP
- ✓ LEADERSHIP
- ✓ COMMUNICATION



NITRO CROSSING

By using a rope, members of the group must get their people across from one wooden platform to the next using only the rope and each other. Swing yourself over the "hot lava" and be received with the support of your teammates.

Values:

- ✓ PROBLEM SOLVING
- ✓ PLANNING
- ✓ ASSET MANAGEMENT

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TEAM WALL

The objective is to get everyone up and over our 12 foot wooden wall using only each other for support. Whether you use your thigh, shoulder or hands, get your people up and over the wall.

Values:

- ✓ TEAMWORK
- ✓ COLLABORATION
- ✓ SUPPORT
- ✓ COMMUNITY



THE SWING

The Swing is an amazing opportunity to let go! Ask yourself – what do you want to let go of, and what do you want to swing into. You then decide how high you want to go... and then just let go! (not recommended for little ones).

Values:

- ✓ TEAMWORK
- ✓ COURAGE
- ✓ INDEPENDENCE



LEAP OF FATH

One of our most iconic elements, the Leap of Faith challenges participants to climb a platform on a telephone pole and take a flying leap into the air, trusting their team for support. We offer Leaps with a trapeze as a target.

Values:

- ✓ CONFIDENCE
- ✓ TRUST
- ✓ DEDICATION
- ✓ COMMITMENT

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50' CLIMBING WALL

A unique opportunity for people ages 4+ to discover their unlimited potential in a nurturing environment. Ring the bell in celebration of conquering the 50' Climbing Wall – 5 routes up the wall all of different levels of difficulty.

Values:

- ✓ COMMUNICATION
- ✓ TRUST
- ✓ SUPPORT



ALPINE TOWER

Our Alpine Tower is a 50' tower with 5 climbs with differing levels of difficulty. You can climb solo event or partnered. Climb the giant ladder, use the swinging stars, or climb the poles for the best victory view!

Values:

- ✓ COMMUNICATION
- ✓ TRUST
- ✓ SUPPORT



KING'S FINGER

Work together to get the “King’s Ring” up and over without touching his “finger.”

Values:

- ✓ TEAMWORK
- ✓ STRATEGY
- ✓ TRUST

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ARCHERY

Take advantage of the year-round, fully equipped archery program. We offer group and night archery for ages 10+.

Values:

- ✓ INDEPENDENCE
- ✓ CONFIDENCE
- ✓ FOCUS



AXE THROWING

Axe throwing is a target striking sport where participants throw axes at a circular target, similar to archery.

Values:

- ✓ INDEPENDENCE
- ✓ STRESS-RELIEF
- ✓ FOCUS



OUTDOOR COOKING

Treats always taste better outdoors! Learn to cook outdoors, under the supervision of an instructor. We have many options to choose from, including pita bread, smoothies, s'mores and hot cocoa.

Values:

- ✓ COMMUNITY
- ✓ FOCUS
- ✓ TRUST

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COMPLIMENTARY FACILITIES AND ACTIVITIES

Upon booking an adventure course package, you will also have complimentary access to the following areas and activities on the Brandeis-Bardin Campus:

- **Basketball Court**
- **Tennis Courts**
- **Large Field for Sports**
- **Playground**
- **Gaga Pits**
- **Paved Hiking Trail**
- **Horse Shoes**
- **Corn Hole**
- **Volleyball**
- **Pools**

